

# S . A . L . T

## Breakfast

served daily until 11am...

**smoked salmon plate** | norwegian smoked salmon, whipped cream cheese, toasted bagel, typical garnish 19

**all american sailor** | cage free eggs 'any style', smoked bacon or breakfast sausage, roasted potato, whole grain toast 16

**porridge** | almond milk, oats and grains, toasted nuts and seeds, seasonal fruit 14

**pain de mi french toast** | berries and cream, maple syrup 16  
add farm eggs 'any style', choice of meat 19

**farm egg french omelet** | classic beurre blanc, shallot and chive, garden herb salad 19

**prime steak & eggs** | flat iron, organic eggs 'sunny side up', crispy potato, salsa verde, bordelaise 26

**'breakfast in bread'** | farm eggs, bacon, avocado, buttered onion, aged cheddar, tomato jam, pain de mie 16

**buttermilk pancakes** | berries and cream, maple syrup 16  
add farm eggs 'any style', choice of meat 19

**'les burrito'** | farm egg whites, fingerling potato, braised spinach, crispy mushroom, salsa verde, feuille de brique 18

**huevos rancheros** | organic egg, 'indian' tortilla, black beans, two salsas, soft onion, cheddar cheese, crema 16

**'seaside' continental** | butter croissant, yogurt and granola parfait, fresh squeezed orange juice, coffee or tea 17

**'croque madame'** | framani apple smoked ham, farm egg, gruyere cheese, béchamel, country bread, a garden herb salad 21

consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk  
may increase your risk of foodborne illness, especially if you have certain medical conditions | \* denotes items that contain raw or undercooked ingredients |  
please alert your server to any allergies or dietary restrictions